



all natural, perfectly hand-cooked, premium Maine lobster

Thawing Instructions	Heating Instructions
<p><i>Under Refrigeration:</i></p> <ol style="list-style-type: none">1 Place frozen lobster (craig'ster™) in a large, covered bowl and place on the top shelf in your refrigerator.2 Leave for 24 to 36 hours to fully thaw out.3 Prior to heating, remove the nylon netting and claw bands. <p>OR:</p> <p><i>Microwave: (Speed Thaw)</i></p> <ol style="list-style-type: none">1 Remove craig'ster™(s) from the freezer.2 Place 1 craig'ster™ in a microwaveable bowl and cover.3 Microwave the craig'ster™ on high for 1 minute and 30 seconds.4 Remove the craig'ster™ from the microwave. At this point the craig'ster™ will still be cold and will need to be reheated according to the directions.5 Prior to cooking, cut away the nylon netting and claw bands with kitchen shears or scissors.6 Repeat steps 1 - 4 for additional craig'ster™. <p><i>It is highly recommended not to "slack" the lobsters directly in fresh water. Doing this would flush out the natural juices and taste. If slacking in water, place the craig'ster™(s) in a sealed plastic bag or container to minimize the penetration of water into the lobster.</i></p>	<p><i>Stove Top Directions: *Consumer at home</i></p> <ol style="list-style-type: none">1 Add a half inch of water to the bottom of a large pot and bring to a boil.2 Using tongs, place the thawed craig'ster™(s) into the pot and cover.3 Allow the craig'ster™(s) to steam in the pot. 1 to 2 Lobsters: 3 to 4 minutes 3 to 4 Lobsters: 4 to 5 minutes 4 to 6 Lobsters: 6 to 8 minutes4 Remove the craig'ster™(s) and serve with melted butter and fresh lemon wedges. <p>OR:</p> <p><i>Commercial Steamer Directions: *In-store</i></p> <ol style="list-style-type: none">1 Place thawed craig'ster™(s) onto the steaming tray.2 Steam craig'ster™(s) on high for 3 to 4 minutes.3 Remove from steamer and serve immediately or package for take out. <p>OR:</p> <p><i>Combination Commercial Steamer/Microwave Directions: *In Store</i></p> <ol style="list-style-type: none">1 Place thawed craig'ster™(s) into the cooking container (up to 4 at a time) with one half inch of water.2 Cover the container and heat for 5 – 6 minutes or until the craig'ster™ are heated thoroughly.3 Remove craig'ster™(s) from container and serve immediately or package for take out.

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Craig's All Natural, LLC
25 Winecellar Road
Durham, NH 03824
www.craigallnatural.com